

97-003 Symbol: GXP (Toronto)

GOLDSTAKE BOARD FULLY COMMITTED TO DEVELOPING PROPERTIES AND IMPROVING SHAREHOLDER EQUITY

TORONTO, March 31, 1997 -- The Board of Directors of Goldstake Explorations, Inc. announces that it remains fully confident in the quality of the company's exploration and development properties in Indonesia, the United States, Canada, Africa and Australia, and firmly committed to their development and to the future of the company.

Goldstake Exploration has a highly diversified portfolio of properties, including exploration properties on the island of Java and in East Kalimantan, Indonesia. The company has three exploration and development properties in North America - in South Dakota adjacent to the famous 100-year old Homestake Mine and in Northern Ontario adjacent to the Hemlo mine. The company's 50%-owned Whitewood Creek gold tailings property in South Dakota has proven and probable reserves of 730 thousand ounces of gold. Mining permits are currently being obtained by joint-venture partner Homestake Mining Company to enable Goldstake to mine these tailings.

Goldstake also owns a 20% interest in Silver Orchid, which operates the producing underground Hill End mine in Australia.

A previously announced joint-venture agreement on a tailings project in South Africa has been re-negotiated to substantially increase gold reserves and plant size to Goldstake's benefit. An announcement on this will be made on signing of the various agreements.

In Zimbabwe, Africa, the company has been assessing a project for some time. Testing on this project has recovered high gold and chromite grades. An announcement on this project should be available as soon as due diligence is complete on property titles and signatures. Both of these project -- South Africa and Zimbabwe -- are being acquired for the purpose of producing substantial cash flow to Goldstake with a short time frame.

Exploration activity in Indonesia is currently focused on the Java KP and mining lease. An initial 3-hole drilling program conducted in late 1996 recorded gold values of 2.8 g/t, 1.25 g/t and 1.4 g/t for DDH 9 (193-194m), DDH 10 (25-26m), and DDH 11 (182-183m) respectively. Assays were conducted at three different labs, including the respected Lakefield Research Ltd. Lab in Ontario.

The company's employees and geological consultants have evaluated the results of the drilling and have concluded that the drilling, ongoing soil sampling and reconnaissance mapping demonstrates that the mineralized zone extends into a new and previously untested area.

Additional potential targets within the company's claim areas have been identified by a structural study using remote sensing (satellite imagery) techniques and follow-up ground truth field observation. Definition of new targets through detailed sampling and mapping is continuing.

The Board of Directors of Goldstake Explorations wishes to reassure shareholders that it is committed to building the company into a large mining house and to improving shareholder equity.

FOR MORE INFORMATION:

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